### Throughlines:
There are laws, systems and cycles that govern and help us explain the way the physical and natural environment works.
We take responsibility for our own physical, mental, social and emotional health and wellbeing and contribute to that of others.
We live in a diverse society, locally and globally, reflecting different beliefs and lifestyles. This provides opportunities and challenges.

### AusVELS:

### Understandings:
- Being physically and emotionally healthy is important.
- There are things that I can do to be physically and emotionally healthy.
- My body is made up of lots of parts that work together in systems and cycles that keep me healthy.

### Focus Question:
- What does it mean to be healthy?

### Contributing questions:
- What does it mean to be healthy?
- How can I keep myself healthy?
- What parts make up my body?
- How do systems and cycles work within my body?

### Key Concepts:
- Life and living
- Needs and wants
- Change
- Cause and effect
- Systems
- Similarities and differences
- Well being

### Cognitive Skills:
- Questioning, sorting, comparing and contrasting, observing, ordering, classifying, predicting, reflecting, sharing ideas, communicating, measuring, researching, reporting.

### Interpersonal and Personal Skills:
- Team work
- Presenting information
- Communicating
- Negotiating
- Co-operating
- Collaborating