Wednesday 17th February

Dear Parents/Carers,

It has been brought to our attention that a student in Room 20 has been diagnosed with chickenpox.

**Causes and symptoms of chickenpox**

Chickenpox is spread by air-borne droplets caused when the infected person coughs or sneezes or from touching the fluid from the blisters on the skin. An infected child is contagious for one to five days before the onset of the rash and remains infectious until the blisters form scabs. The incubation period is around 14-16 days, a few days before the appearance of the rash; the child may feel feverish and have a sore throat and headache.

**Children with chickenpox should not go to school until the last blister has dried.**

**Treatment for chickenpox**

In most cases, chickenpox is mild and gets better without the need for specific treatment.

- Bed rest
- Extra fluids to drink – to avoid dehydration
- Paracetamol to bring down the fever
- Cream to reduce the itching

Kind regards,

Jeff Lyon

Principal