WELCOME BACK TO MPW

Last Friday evening we had our annual ‘Welcome Back to MPW evening’. Thankyou to everyone who took the opportunity to experience the very best of Melbourne’s weather. There was a little entertainment from two bands—one from Strathmore Secondary (comprising of 3 ex-students from Moonee Ponds West) and another band featuring Ryan on drums. Thankyou to Michelle and the team from Community Partnerships for their preparation over the summer break. Thank you also to Rebecca Sanders and Rachael Toussaint of the fundraising team for their support of the event. And thank you to everyone who assisted on the evening setting up, preparing food, serving drinks and packing up.

SCHOOL COUNCIL NOMINATIONS

In 2016 we have three Parent Member vacancies and one DET Employee vacancies for the two year term of office.

The role of School Council as outlined in the Education and Training Reform Act 2006 is to set the long term future for the school while maintaining an overview of the school’s operation. The Principal is responsible for the management of the school and acts as the Executive Officer of Council.

School Council Responsibilities can include:

- Contributing to the development of the School Strategic Plan
- Approving the annual budget
- Working with the school to develop, review and update policies
- Representing the views of the school community
- Arranging for things required for the running of the school
- Raising money for the school needs
- Making sure the school grounds and buildings are maintained
- Creating interest in the school within the community

The timeline for the nomination process is as follows:

- Nomination forms will be available from the office Friday 13th February
- Completed nomination forms are to be returned to the Office and receipted
- Any questions can be directed to School Council Secretary Sandra Monaghan via the school office.

Principals’ Report continues over page
Principals' Report continued

Nominations close at 4.00pm on Friday 19th February

- A list of candidates and nominators will be posted on the School’s Office door by Friday 19th of February
- If an election is required, ballots will be distributed on or before Wednesday 24th February
- If an election is required ballots will close at 4.00pm on Thursday 3rd March

Any questions can be directed to School Council Secretary Sandra Monaghan via the school office.

GETTING TO KNOW YOU MEETINGS AND INFORMATION EVENINGS
Getting to know you parent teachers meetings have commenced this week. Information evenings take place next week.

<table>
<thead>
<tr>
<th>Date</th>
<th>Years</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 15th Feb</td>
<td>1 &amp; 2</td>
<td>7pm-8pm</td>
</tr>
<tr>
<td>Tuesday 16th Feb</td>
<td>Foundation</td>
<td>7pm-8pm</td>
</tr>
<tr>
<td>Wednesday 17th</td>
<td>2,3 &amp; 4</td>
<td>6pm-6:30pm</td>
</tr>
<tr>
<td>Thursday 18th</td>
<td>4, 5 &amp; 6</td>
<td>6:30pm-7:15pm</td>
</tr>
<tr>
<td>Transition</td>
<td>Year 6-7</td>
<td>7:30pm– 8:15pm</td>
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</tbody>
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INSURANCE REMINDERS
The Department of Education and Training (DET) does not provide personal accident insurance for students. Parents and guardians are responsible for paying the cost of medical treatment for injured students, including any transport costs. Student accident insurance policies are available from some commercial insurers. These cover a range of medical expenses not covered by Medicare or private health insurance.

Personal property is often brought to school by students, staff and visitors. This can include, but is not limited to mobile phones, electronic games, calculators, toys, musical instruments, sporting equipment, and cars parked on school premises. The Department of Education and Early Childhood Development does not hold insurance for personal property brought to schools and it has no capacity to pay for any loss or damage to such property. It is probably wise for valuable items to be left at home.

For further information, please contact DET Central staff:
Jane Wilhelm – wilhelm.jane.j@edumail.vic.gov.au or Ph. 9637 2509.

COMMUNICATION
At MPW we value effective, two-way communication between home and school. We do this in a number of ways, the school’s newsletter is one. At this stage it goes out each week on a Wednesday. If you haven’t already please subscribe to receive an email alert. This link can be found on the front page of our website http://mooneewestps.vic.edu.au/ on the right hand side under the heading ‘NEWSLETTER’ – Subscribe to Newsletter. As well MPW has Facebook - https://www.facebook.com/Mpwps and Twitter accounts - https://twitter.com/MPWPSOfficial. If you have not already, we’d like you to ‘Like’ and ‘Follow’ us. Our school’s website has a range of information including a calendar which list events relevant to students and families, an A-Z outlining various aspects of school life at Moonee Ponds West, a link to the notices sent home and more. If there is information you would like to see added please email moonee.ponds.west.ps@edumail.vic.gov.au with these. At school we have a TV in the reception area which highlights events and information relevant to the 2015 school year. On the playground side of the Administration Building is a notice board. Rather than having notices placed all around the school, this is the central place for additional communication.

Enjoy The Week.
Jeff and Fiona
SNACKS
Thick cut fruit toast $2
2wirl Wildberry & Mango yoghurt tub (low fat) $3
Granola muesli bar (nut and sugar free) $3
Cheese & crackers pack $3
Banana bread with passionfruit icing $3
Popcorn packets $2
Freckle cookies $2.5
Apple or oranges (cut) $1.5 or $2.5 mixed
Wholekids Organic Frooshie – Banana, strawberry & apple puree $3

LUNCH
Hummus dip with vegetable sticks $4
Lean chicken breast strips (4) with tomato sauce, iceberg lettuce $5
Cheese & vegemite sandwich $3
Ham & cheese sandwich $3.5
Baked potato, cheddar, avocado $4 add cocktail frank+$1
Curried egg & lettuce sandwich $3.5
Turkey, cranberry & avocado sandwich $4
Tuna, lettuce & cheddar sandwich $4
Hot lamb meatball cup with tomato sugo & parmesan $4.5
Rice Paper Roll 2 pieces $4.5

SALAD BOX
Lettuce, carrot, cucumber, tomato, cheddar, lemon dressing $4
(add ham, turkey or tuna $1.50)

THIRST QUENCHERS
Bottled spring water $2.5
125ml 99% fruit juice $2.5
Milkshakes $2.5
(Strawberry, chocolate, caramel)

LUNCH PACK $8.5 *** (salad box additions +$1.50, cocktail frank +$1)
1 x snack
1 x lunch item
1 x drink

DARLING ST ESPRESSO
Ingredients For School Menu

**BANANA BREAD**
Bananas, egg, sugar, butter, flour, bi carb, baking powder, vanilla essence, milk, passionfruit, lemon juice

**GRANOLA/MUESLI BAR**
Toasted oats, dates, sultanas, cranberries, coconut oil, coconut, pepitas, organic brown rice malt syrup (sugar and nut free)

**CHICKEN STRIPS**
Chicken breast fillet, crumbs (bread, flour, egg, milk), masterfoods tomato sauce, iceberg lettuce

**SANDWICHES – All Hi Fibre/Low GI/no preservatives bread, unsalted butter**

**CURRIED EGG & LETTUCE SANDWICH**
Keens curry powder, boiled egg, mayonnaise

**HAM & CHEESE SANDWICH**
Processed lean ham, tasty cheese

**TURKEY SANDWICH**
Processed turkey breast, cranberry, avocado

**TUNA SANDWICH**
Tuna, vegetable oil, water, salt, soya, iceberg lettuce, tasty cheese

**HOT LAMB MEATBALLS**
Lean lamb mince, salt and pepper, canned tomato agent (509), food acid (330), parmesan cheese

**TASTY CHEESE**
Pasteurised milk, salt, rennet (non animal) culture, anticaking agent

**FRUIT TOAST**
Water, white flour, salt, currants, sultanas, orange peel, apricots, figs, mixed spice, culture of sourdough

**LEMON DRESSING**
Vegetable oil, lemon juice

**BAKED POTATO**
Desiree potato, cheddar, cocktail frank, avocado

**COCKTAIL FRANKS**
Gluten free, 74% meat, water, potato starch, salt, modified starch (1442), soya protein concentrate, stabilisers (450, 452)

**YOGHURT**
2wirl infused smooth yoghurt, wildberry mango
Milk, milk solids, sucrose, thickener (1442, 1446, 1440), live cultures, acidophilus, bifidus, casei
Mango, raspberry, strawberry, blackberry, water, acidity regulator (330, 332)

**POPCORN**
Popcorn, vegetable oil, salt

**WHOLEKIDS ORGANIC FROOSHIE**
45% Banana, 37% strawberry, 8% apple

**HUMMUS**
Chickpeas, olive oil, tahini paste, cumin, lemon juice
ALLERGY ADVICE: Contains sesame seeds, may contain milk and tree nuts

**CRANBERRY SAUCE**
34% cranberry, sugar, water

**HAM/PORK**
75% water, curing mix (450,451), dextrose (corn), sodium nitrate, food acids, salt, no added
MSG/artificial flavours, gluten free

**TURKEY**
80% turkey, water, salt, starch (tapioca, potato), rice flour, vegetable gum (407a), mineral salts (451, 508, 450), hydrolysed maize protein, preservatives (223), gluten free

**Rice Paper Roll**
Rice paper, rice noodles, carrot, cucumber, poached chicken breast, light soy dipping sauce, hoisin sauce
ANAPHYLAXIS

Anaphylaxis is something that many of you will have heard of but there may be others who have not. It is a severe life threatening allergic reaction and up to two percent of the population have it. The most common causes in young children are allergies to eggs, nuts, cows milk, bee or other insect stings and some drugs. A reaction can develop within minutes of exposure to the allergen and will include one or more of the following symptoms: Hives or welts, a tingling feeling around the mouth, abdominal pain, vomiting and/or diarrhoea, facial swelling, cough or wheeze, difficulty swallowing or breathing, loss of consciousness or collapse. It is obvious that we need to be proactive in the steps we take in preventing a possible reaction and that we realise that we all share some responsibility for this. We have children at our school who have an anaphylactic reaction to various things. Whilst nuts, for example can bring on a reaction, so too can anything that contains a nut oil and in some instances, the anaphylactic child may only be near the allergen or touch the hand of someone who has just eaten a peanut butter sandwich.

How have we managed this and what practices are in place to minimise the risks?
• Food sharing between children- as in I’ll swap your sandwich for mine, is a definite no.
• The children will eat play lunch and lunch inside, with the exception being fresh fruit.

We suggest that peanut butter and Nutella come off the list of foods that come from home to school.

Most children who have been diagnosed with anaphylaxis no matter how young, know that they have this to deal with and life goes on normally for them. They will have been well “drilled” by their families and they know what they can and can’t have. Whilst this is true, our responsibility is to take every step we can in order to prevent an accidental reaction. When a child does have a reaction there is a window of time for us to give them a shot of adrenaline, via an Epipen. Our staff members have been trained in its administration.

As a school community, if we all understand and work together, we can ensure that our school is as safe as it can be for everyone.

This information has been sourced from Anaphylaxis – A Life Threatening Reaction. A publication of the Royal Children’s Hospital Melbourne.
EDUCATION WEEKLY NEWS

FINANCIAL ASSISTANCE
INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government’s commitment to breaking the link between a student’s background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:
- $125 for primary school students
- $225 for secondary school students.

HOW TO APPLY

Contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

MORE INFORMATION

For the CSEF application closing dates and more information about the fund visit www.education.vic.gov.au/csef

Closing Date

Parents are encouraged to lodge the application form by 29 February 2016, so that payments can be made from March 2016. However schools can accept parent applications up until 03 June 2016. Any further questions please see Sandra Monaghan in the office.
SPORTS NEW
Swimming Trials
Last Friday, 92 Gr 4/5/6 students ventured to Queens Park Pool to participate in our swimming trials. In perfect conditions we saw some excellent swimming. Well done to all of the swimmers and good luck to the students who were selected in our District Swimming team who will compete on Friday 26th February.

A big thankyou to Kim, Vicki and all the parents who came to help out on the day.

SECOND HAND UNIFORMS
Just a reminder that there are plenty of second hand uniforms still available for purchase at the office -
- Winter Dresses/Skirts - Various sizes $20 per item
- Summer Dresses - Various sizes $10 per item
- Other items - Limited stock all items $2

GET INVOLVED IN THE SCHOOL BANKING PROGRAM
MPW is excited to offer the Commonwealth Bank School Banking program to all students.
The School Banking program provides children with an opportunity to deposit money into their Commonwealth Bank Youthsaver account at school each week. The program is about how often your child makes deposits, not how much they deposit.

To encourage regular savings behaviour the program offers an exciting Rewards Program. Every deposit earns your child a silver Dollarmites token, and once they’ve collected 10 tokens they can redeem them for a reward.

Getting involved in School Banking is easy!
You can get involved in the School Banking program by opening a Commonwealth Bank Youthsaver account at your local branch. All you need to bring is your current identification as well as your child’s birth certificate. If you are an existing Commonwealth Bank customer and have NetBank, you can open an account online.

If your child has an existing Commonwealth Bank Youthsaver account they can start banking straight away. They just need to bring their deposit in every week on School Banking day using their Dollarmites deposit wallet.

School Banking day is FRIDAY. Each week you need to fill out your deposit book with the amount required to be deposited and please ensure that your name and room number is clearly

If you would like to know more about School Banking, please ask for a 2016 School Banking program information pack from the school office.
COMMUNITY NEWS

REUSABLE LUNCH ORDER BAGS
say goodbye to paper bags from the canteen!

Lunch Wallets available in: BLUE, GREEN, PINK, YELLOW, PURPLE, RED & GREY EDGING

FUNDRAISING AND DIRECT ORDERING OPTIONS AVAILABLE
Visit www.stickybeaks.com.au

146 Athol Street
Moonee Ponds
Opening Hours 8am-4pm

KIDS MILKSHAKE $2
Available on Mon-Fri 3pm-4pm

AVONDALE HEIGHTS FOOTBALL CLUB
JUNIOR REGISTRATION DAY
Sunday 7th February 10:00am - 12:00noon
Canning Reserve Avondale Heights
U8, U10, U12, U14, U16 and AUSKICK

The only club in the EDFL to have GOLD Accreditation through the AFL Victoria Quality Club Program and one of only four clubs from the 1200 clubs in Victoria to have this level
Avondale Heights Football Club have the best player facilities in the EDFL
Junior Development Programs at all levels
Come along to the Junior Registration Day, register, meet team mates and all coaches

NEW PLAYERS WELCOME
Enquiries: Roy - 0408 111 560

Dance Domain
Enrol for Term 1

• Ballet
• Tap
• Jazz
• Hip Hop
• Jitterbugs
(pre school)

PH: 0413 995 034

Location: St George’s Anglican Church, Cnr Barola & Lucknow St, Ascot Vale 3032
Email: info@dancedomainvty.com Website: www.dancedomain.vic

CARDIO TENNIS
FOR YOUTH & ADULTS
• High energy workouts and fun 200 to 300 calories • Drill based and play-based sessions • Last weight, get fit! and have fun • Incorporates many tennis activities, exercises, coordination, cardiovascular and upper body strength

Cost: $12.50 a session.

146 Athol Street
Moonee Ponds
Opening Hours 8am-4pm

KIDS MILKSHAKE $2
Available on Mon-Fri 3pm-4pm