



150 Arbol Street  
Moonee Ponds 3039

Phone: 9370 6875  
Fac: 9370 1909  
Email: [moonee.pondswest@vic.edu.au](mailto:moonee.pondswest@vic.edu.au)

# MOONEE PONDS WEST NEWSLETTER

## Principal's Report

### WELCOME TO THE 2015 SCHOOL YEAR

As we commence the 2015 school year, on behalf of the school council and all staff we would like to extend a warm welcome to each and all of the Moonee Ponds School Community – including to everyone who is new to the school and especially to the 77 new prep students who commenced last Friday.

Thank you to the staff who came in over the break to prepare for the 2015 school year and thank you to all staff for ensuring a smooth start to the year. New air conditioners have been installed in rooms 16, 17 & 18 and the outside windows of the 1888 building have been repainted. A special thank you to Brian for ensuring the painters' needs were taken care of both morning and afternoon over a two week period.

### NEW STAFF

We welcome new staff to Moonee Ponds West.

#### Liz Jackson

Liz is teaching a grade 2/3 class in room 8 and comes to Moonee Ponds West after teaching in Nepal. Liz has also taught in both primary and secondary schools in Victoria. Of her many interests, her passion lies with both surfing and long distance running.

#### Stefanie Alderuccio

Stephanie is teaching a grade 3/4 in room 20 and has completed her Master of Teaching at the University of Melbourne. Stefanie was at Moonee Ponds West in 2014 as part of her final year. Her particular areas of interest lie with student well-being and literacy.

#### Louise McNab

Louise is teaching a grade P/1 in room 5 and has completed her Master of Teaching at the University of Melbourne. She was also at Moonee Ponds West in 2014 as part of her final year. Louise has been a ski instructor and plays hockey. And we welcome back Yuki Liddell from family leave. Yuki will be teaching Japanese to the grade 3&4 students on Wednesdays.

#### Fiona Gribble

Hello everyone, I am very pleased and excited to be at Moonee Ponds West. I come to you from St Albans Meadows Primary School where I was Acting Assistant Principal. At St Albans Meadows Primary School I was the Literacy Coordinator and Literacy Coach and Grade 3 / 4 department leader. As part of my role I coordinated, developed and delivered professional learning, the whole school literacy curriculum and worked to build capacity to positively influence classroom literacy programs. I coordinated Literacy support across the school working both with students at risk and providing extension opportunities for high achievers. Previous to this I have had many years experience teaching and leading the P-2 and 3 / 4 areas. I am looking forward to working with everyone at Moonee Ponds West.

**Principal's Report continues over page..**

### COMMUNITY CALENDAR - 2015

For the full calendar go to [mooneewestps.vic.edu.au](http://mooneewestps.vic.edu.au)

Feb 9th	Assembly 9am
Feb 9th	Hockey Clinics
Feb 10th	5/6 Team Parent Information Evening 7.00pm
Feb 10th	Resources Meeting 7.30pm
Feb 12th	Student Banking commences
Feb 14th	District Swimming Trials
Feb 23rd	Preps begin fulltime

### Letters sent home

- District swimming Trials Permission
- Class Friendships List
- 5/6 Parent Information Evening
- Room 6 re Amy Dinsdale

## CURRICULUM PROVISION

At the end of 2014 decisions were taken in relation to the provision of the Japanese program at Moonee Ponds West. To ensure the program accorded with the Victorian Government's Vision for Languages Education 2013 - 2025, as of 2015 all Victorian Government schools needed to provide a language to students in prep. The provisioning of the Japanese language from Prep to grade 6 has resulted in a reduction of the grade 2-6 Japanese classes to one hour per week.

All grades at MPW have one hour of Creative Arts, Japanese (grade 3/4 with Yuki Liddell, all other classes with Diana Vivian) and PE. Preps have three sessions of Hall, Grade 1 two hours and Grade 2 one hour. All grades have 30 minutes of scheduled library time.

Last year the school community completed a school review and currently the school community is engaged in the early stages of drafting a new 4 year strategic plan. What lies ahead (for the remainder of the term at least) is a process that includes longer term planning of how best to provision for the best possible learning environment at Moonee Ponds West.

## JAPANESE

Over the school holidays Diana Vivian, our Japanese teacher, visited our sister school, Ryokuen Higashi. Diana met students in person who we had communicated with through Skype and Facetime. Diana also visited some of the classes and spoke to a large audience. As well as strengthening our relationships Diana also discussed our visit to the school while on our tour and the very exciting homestay program which is planned.

Enjoy the week,

Jeff, Fiona and Randal



## COMMUNITY PARTNERSHIPS COMMITTEE

The Community Partnerships Committee work focusses on a range of areas. We coordinate the running of Parent Forums on topics of interest. These have an educational focus as well as support ideas for family. One such example is our Mindfulness Parent Forum which took place last Friday. Our presenter was Elizabeth O'Brien. Further on in the newsletter you'll find information on a program she is running at MPW. Another role of the committee is to coordinate community events. Further on in the newsletter is a list of the range of activities planned for this year. Finally the committee is looking at communication mechanisms to support the link between home and school. Part of this work will involve consulting with a range of groups in our school. The work will culminate with a Communication Policy. If you would be interested in joining the Community Partnerships Committee please email [symons.randal.j@edumail.vic.gov.au](mailto:symons.randal.j@edumail.vic.gov.au).

Learning is a partnership between home and school. Moonee Ponds West Primary School recognises the value of Parent/Carer support for both teachers and children. Parent/Carer participation enhances social and educational outcomes for students and communication between classrooms and homes.

The aspirations parents have for their children make a difference as does the language of learning that takes place at home. We have a number of resources we are building up in this area. They can be located on our school's website under the 'Partnerships' link located on the front page - <http://www.mooneewestps.vic.edu.au/>

Parents/Carers are welcomed and encouraged to volunteer their help with a variety of tasks in the classroom, outside the classroom and at home. Parent/Carer helpers are supportive of the Moonee Ponds West philosophies, values and culture.

One of our School Strategic Plan goals is to 'Maximise the potential of the Moonee Ponds West community to support the learning of all students at our school'.

In order to achieve this we would like you to fill out the following survey for us to gain an understanding of the commitment you are able to make to assist us with the school's goal of maximising this potential.

<http://tinyurl.com/ktrp6ya>





# EDUCATION WEEKLY NEWS



## SOUNDHOUSE

Soundhouse keyboard, guitar and SAP (Singing & Performance) lessons begin next week. Please be aware that it might take a few weeks for your child's lesson time to settle due to timetable clashes or enrolment changes.

### Soundhouse payment options:

There are only TWO methods of payment for Soundhouse lessons.

- Direct Debit of \$140 per term. Direct Debit forms can be downloaded from the school website or collected from the school office
- Up-front payment for the year of \$560.00.  
If you pay for the year and your child leaves the program during the year an appropriate refund will be arranged according to Soundhouse Terms and Conditions.

### Fees are payable in advance:

Soundhouse fees are payable in advance for each term so the school office must receive a Direct Debit form or up-front annual payment by Friday, February 6, in order for your child to start lessons next week.

### New Soundhouse Manager

Maddie Owen will be taking over the reins from Sue O'Brien as of Term One, 2015. There will be some information about Maddie as well as contact details in next week's newsletter.

## RECYCLING BIN HELPERS

Welcome back to all. The Green team and the Environment committee need the help of our community. The school recycling program is running well, and we have full recycling bins every fortnight! The classroom monitors are doing a great job getting the classroom recycling out to the wheelie bins. On the day of council pick up (every 2<sup>nd</sup> Friday), the students who volunteer to put the bins out are struggling to wheel the bins out onto the footpath as they are quite heavy.

We would like a couple of adult volunteers to assist the students in getting the bins out and in again during recycle pick up day. If you're able to help the students every 2<sup>nd</sup> Thursday and Friday at 3.15pm please come and see Helen Lockart in room 23.

Thank you in anticipation of your help  
Helen Lockart

## FIRST AID UPDATE.

At the end of 2014 we sent home a note requesting medication to be reviewed and updated so that we can commence 2015 afresh.

If your child requires medication in 2015 (i.e. asthma, allergy etc.) please ensure the office receives this information **immediately**. If you are unsure what information we may have, please contact us via phone or pop by the office.

Thank you





# EDUCATION WEEKLY NEWS



## COMMUNITY PARTNERSHIP ACTIVITIES

Below are a list of events planned for MPW this year. As you will see some are awaiting dates. If you could add these to your diaries please information on each will be coming as the year progresses. We look forward to a great year ahead.

EVENT	DATE	TERM	NEW OR CURRENT EVENT
Wine and Cheese – casual Riverside Golf and Tennis Club	Second last Thursday night of each term.		New event for 2015
Working Bees	One per term		Current Event
First Aid Training for parents – St. Johns. Ambulance	February, 2015	1	New event 2015
Information Nights	Term 1	1	Current Event
Liz – Parent Forum for Prep parents	30 January, 2015 – 9.15 a.m.	1	New Event
Movie Night	20 March, 2015	1	Current Event
New Prep Parent's Morning Tea Guest speaker: Elizabeth O'Brien	30 January, 2015 – 9.15 a.m.	1	Current Event
Parent/Carer's Training Program (filming)	Thursday 5th, 12th & 19th March, 2015 – 9-10.30 a.m.	1	Current Event
Ride to School	March, 2015	1	Current Event
Welcome back to MPW	20 February, 2015	1	New Event for 2015
Working Parents Breakfast (with child)	February, 2015 (late)	1	New Event for 2015
Education Week	17 May – 23 May, 2015	2	
Family Maths Night (every second year)	Term 2, 2016	2	Current Event
Fun Run	May, 2015	2	Current Event
Mother's Day school luncheon – Guest speaker	6 May, 2015	2	New Event for 2015
Mother's Day stall	8 May, 2015	2	Current Event
MPW Parent Social Dinner, dancing	Term 2/3	2	New Event for 2015
Secondary School's Expo	22 April, 2015	2	Current Event
Trivia Night – music (dance)	Term 2, 2015	2	Current Event
Father's Day Lunch – Guest speaker TBA	2 September, 2015	3	Current Event
Father's Day Stall	4 September, 2015	3	Current Event
Carols	December, 2015	4	New Event for 2015
Children's Week	24 October - 1 November, 2015	4	
Count Us In	30 October, 2015	4	Current Event
MVIMP Combined Concert	14 November, 2015	4	Current Event



# EDUCATION WEEKLY NEWS



Odd Socks Circus	Term 4, 2016	4	Current Event
Parent Helper's Morning Tea	16 December, 11.00-11.45 a.m., 2014	4	Current Event
Prep Transition Information Evening (Community Partnerships)	5 November, 2015	4	Current Event
Prep Transition Week – 1 and 2 (formalised)	November, 2015	4	Current Event
Soundhouse Concert	27 October, 2015 (6.30-8.30 p.m.) - Keyboard 28 October, 2015 (6.30-8.30 p.m.) Guitar and SAP	4	Current Event
Union Road Christmas Festival and Community Carols Event	<a href="mailto:sales@twobyrd.com.au">sales@twobyrd.com.au</a> Bree Register	4	
Walk to School Month	November, 2015	4	Current Event
Wellbeing/Health Week	Term 4	4	New event for 2015

## Mindfulness for Health & Happiness

When you're stressed and overwhelmed, it affects your energy levels, health, moods, and how you interact with family, friends and colleagues. There are powerful, yet simple, ways to build resilience and care for yourself so that the flow-on effects benefit both you and those around you.

Learn quick and effective mindfulness tools and cognitive strategies to help you:

- reduce & manage stress & anxiety
- think clearly & improve focus
- increase your energy
- sleep better
- feel happier and less overwhelmed

Liz O'Brien is a trained healthcare professional with clinical experience in stress and lifestyle management. She is also a tutor in mindfulness-based wellbeing and stress reduction at Monash University School of Medicine.

Starts Friday 13 February, 9.15 - 10.15 for a 6 week course

Cost \$130 for parents/\$150 for public

For those who attended the session last Friday further on in the newsletter is a document on how to download the audio file which was spoken about. The payment details for the upcoming workshops are as follows:

\$130.00 if you're a parent at MPW, or \$150.00 if you're a member of the public. You will receive a confirmation registration. Payments can also be made by direct deposit as below. Please email me to let me know you've done so (and let me know if you require a receipt).

Account Name

E. O'BRIEN Health Enhancement for Living Program

Bank-ANZ

BSB- 013 334

Account Number-5871 43173

I'm looking forward to seeing you!

Warm regards,

Liz



## health enhancement for living \_\_\_\_\_ program.

Mindful Meditation

Login Instructions

1. Go to [www.healthenhancement.com.au](http://www.healthenhancement.com.au)
2. Go to the tab MORE HELP
3. Go to the Resources page
4. Enter the following details:  
! Username: Complimentary  
! Password: compmm
5. The MP3 Mindfulness Meditation can then be loaded onto an iPod. It's about 10minutes long.

## health enhancement for living \_\_\_\_\_ program.

Liz O'Brien

Email.

[liz@healthenhancement.com.au](mailto:liz@healthenhancement.com.au)

Mobile.

0473 818 533

Web.

[www.healthenhancement.com.au](http://www.healthenhancement.com.au)

Postal address.

PO Box 822 Black Rock, VIC 3183



# EDUCATION WEEKLY NEWS



## 2015 MOONEE VALE INSTRUMENTAL MUSIC PROGRAM



MVIMP is ready to go for 2015! Welcome to all the new students joining the program for the first time, and welcome back to all the children continuing in the program! Lessons and band rehearsals begin this week. Please ensure you have returned your contract to Fiona, and that you complete your payment by Feb 20th at the office.

Many of our beginner groups are already full, but **we are offering a place in BASS GUITAR for a child in Grade 4, 5 or 6.** While we had many younger children keen to play the bass, the demands of the instrument are such that it can only be offered to children in Grade 4 and above. Please see Fiona in room 22 ASAP (in the portable nearest the Little Adventure) if you think you might be a budding bass guitarist!

Looking forward to a great year of music!!!

### SCHOOL BANKING

School Banking Day for Students is Thursdays. School Banking in 2015 will commence on Thursday 12th February. Please send your deposit book to your classroom each Thursday. Information on setting up accounts for new students along with information regarding the reward redemption was sent home to families on Monday.

### FAMILY ACCOUNTS

Every family will receive a statement of account and fee levy form on Monday 9th of February. Our preferred method of payment is by Bpay. On your account it will have your unique family reference please quote that on payment. Please notify the Office by email on [moonee.ponds.west.ps@edumail.vic.gov.au](mailto:moonee.ponds.west.ps@edumail.vic.gov.au) if you are paying voluntary contributions so that your payment can be allocated accordingly. Alternatively it will be allocated by the School. If you have questions at all regarding your fees or account please contact Sandra Monaghan in the Office.

### Curriculum Days 2015

- **Wednesday 28<sup>th</sup> January - (Teachers staff return)**
- **Tuesday 10<sup>th</sup> March**
- **Friday 22<sup>nd</sup> May**
- **Monday 2<sup>nd</sup> November**

### Term Dates 2015

- **Term One 29th January—Friday 27th March**
- **Term Two 13th April—Friday 26th June**
- **Term Three 13th July—Friday 18th September**
- **Term Four 5th October—Friday 18th December**



# COMMUNITY NEWS



## **FREE TRIAL** **FOOTBALL STAR ACADEMY @ MOONEE** **PONDS WEST PRIMARY SCHOOL**

Football Star Academy are offering **all students** at MPWPS a **FREE TRIAL** this Saturday 7th February between 9am-12noon.

To book your child's FREE TRIAL, please call Coach Robbie on 0422 853 411.

## **SPECIAL OFFER - GIRLS ONLY CLINIC; TERM 1**

To increase numbers in our Girls Only Clinic, we are offering a huge saving! Book your daughter in for Term 1 for just \$100 (usually \$220!!).

Call Coach Robbie on 0422 853 411 with any questions and to make a booking.

[www.footballstaracademy.com.au](http://www.footballstaracademy.com.au)

## **CONGRATULATIONS TO THE SOCCEROOS ON** **WINNING THE 2015 ASIAN CUP - WHAT A SUPER EFFORT!**



## **Become A Volunteer Host Family - It's Fun!**

World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to an international student arriving in July 2015. Our students from Canada, Belgium, Finland, France and Italy are looking forward to experiencing life in Australia, making new friends and becoming a member of an Australian family soon.

## **Hosting Is Fun! Find Out more!**

Getting to know your student well before he or she arrives is rewarding learning experience, fun for everyone involved and helps your student settle quickly. To help you make this important decision, contact WEP today to receive an information pack for your family.

Sylvia Kelly

Manager – Inbound Exchange Programs

Phone: 1300 884 733

Email: [info@wep.org.au](mailto:info@wep.org.au)

Online: <http://www.wep.org.au>

## **ST MONICAS AND ASCOT VALE AUSKICK**

Registrations for the 2015 AFL Auskick season are now open. Please go to this link to register.

<http://www.aflauskick.com.au/register/>

The St Monica's and Ascot Vale Auskick is located at Walter Reserve, Walter St, Ascot Vale and we play on Saturday mornings between 9.00am and 10.30am.

Open to all children from not only St Monica's. Children from Moonee Ponds West and St Mary's especially welcome.

Quality coaching. We want to see your child improve his or her basics.

Essendon player visits. Last year, Dyson Heppell. Opportunities for half time AFL matches (Grade 2 and above)

Opportunities for half time EDFL matches (Grade 1)

Mums vs Kids match (Mother's Day weekend)

Pie mornings

Sausage sizzles

Coffee van on site

First aid, change rooms, toilets (M/F) on site

Play area for younger children.

For any information about any of these events please contact Paul Barlow (St Monicas Auskick Co-ordinator)

Mob: 0467 794009

Email: [paul\\_x\\_barlow@nab.com.au](mailto:paul_x_barlow@nab.com.au)



## **Piano/Flute/Music Theory** **Lessons**

Highly experienced teacher  
Individual piano, flute and or music theory lessons

Prep for AMEB and ANZCA examinations

Please contact Diana on 0421 817 374





# COMMUNITY NEWS



## KIDS TENNIS LESSONS AT YOUR SCHOOL/ESSENDON



Hot shots is a tennis program designed for primary school aged children. Utilizing modified equipment, it is the perfect introduction to tennis that will improve fitness, coordination and socialising skills.

For more information: [www.tennislessons.melbourne.com](http://www.tennislessons.melbourne.com)  
[michael@tennislessons.melbourne.com](mailto:michael@tennislessons.melbourne.com) Mobile: 0422 728 938  
[www.facebook.com/TennisLessonsMelbourne](http://www.facebook.com/TennisLessonsMelbourne)



## Free Tennis Open Day

Sunday 8th February

11.00am to 2.00pm

- Free Intro Tennis Lessons
- Free court usage
- Sausage Sizzle
- Adults & Kids welcome
- Demo racquets
- Ball machine
- A great day for all the family
- If you can not make it on the day and still want to try tennis, contact us for a free intro lesson



Contact: [ryan@vida.tennis.com.au](mailto:ryan@vida.tennis.com.au)  
0400 144 51

Essendon Tennis Club  
Rabbits Street, Essendon

# Friends. Fun. Fitness. Let's GO.

ANZ NetSetGO at Parkville!  
Dates: Wednesday's from the 18th February - 6th May 2015  
Times: 4.00pm - 5.00pm and 5.00pm - 6.00pm (5-7 years)  
Cost: \$75 Includes Netball Victoria Membership and Participant Pack  
Location: State Netball Hockey Centre, 10 Brens Drive Parkville  
Contact: Shane Chung (03) 9321 2251 or [shane.chung@parkville.netballvc.com.au](mailto:shane.chung@parkville.netballvc.com.au)

Register online at [netssetgo.asn.au](http://netssetgo.asn.au)

